



Water Tiger School of T'ai Chi Ch'uan

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Re: Water Tiger School and Dragonfly Living Arts Join Forces

Water Tiger School of T'ai Chi Ch'uan is pleased to announce that founder and head instructor Laoshi Laurince D. McElroy and Michele Kanischack, the owner of Dragonfly Living Arts, have entered into a partnership to offer casual lessons in T'ai Chi at Dragonfly's Medford location.

"T'ai Chi is only one of many modalities that Dragonfly will be offering," says Mr. McElroy. "But I am proud that Water Tiger School will be facilitating through the studio." He adds that the classes in T'ai Chi and Qigong will be more casual than one might find at his studio in Patchogue. He explains, "The classroom environment will be closer to the kind of classes we offer through the Suffolk County library system and various community centers and continuing education programs across central Long Island."

Ms. Kanischak also expresses pride to be partnering with Mr. McElroy and Water Tiger School, "His expertise will contribute to a complete experience as he is highly regarded in his art." She expresses her desire to offer the community an alternative means to a healthy and intentional life style, in a unique and tranquil environment. "The dragonfly is the ancient symbol of change," explains Ms. Kanischak, "so embrace the spirit of the dragonfly and enrich your life!"

Although Water Tiger School of T'ai Chi Ch'uan has been established for over 15 years, it has been located in Patchogue only since 2001. The business was founded in Des Moines, IA, by Mr. McElroy and moved with him to Long Island when he relocated in late-2000. The school rents space and offers studio classes at Aikido at Suffolk Aikikai, located at 29 South Ocean in Patchogue. Mr. McElroy also offers a variety of programs through several public venues in the area. Through Water Tiger Services, he facilitates customized **WARRIORWELLNESS™** programs in the business environment.

Dragonfly Living Arts had its grand opening on Saturday, March 31st. The Medford studio is located at 3261 Horseblock Road in the Medford Plaza. It includes retail space that offers products supporting a healthy and intentional lifestyle, as well as artisan goods and fitness apparel. The large classroom space serves as home for lessons in T'ai Chi, yoga, Pilates, children's martial arts, art, and much more.

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