

Proclamation

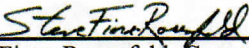
- Whereas:** the health and welfare of all citizens is a primary concern; and
- Whereas:** stress is a primary factor in the majority of all healthcare issues; and
- Whereas:** all citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and
- Whereas:** T'ai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and
- Whereas:** organizations and supporters of T'ai Chi and Qigong have selected the last Saturday in April as the day to celebrate and inform about the benefits of T'ai Chi and Qigong around the world; and
- Whereas:** on Saturday, April 30, 2011, the Patchogue World T'ai Chi and Qigong Day will be celebrated in our Great Town:

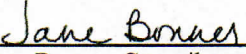
Now, Therefore, I, Mark Lesko, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 481,000 residents do hereby take great pride in declaring April 30, 2011, to be

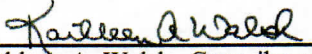
World T'ai Chi and Qigong Day

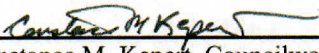



Mark J. Lesko, Supervisor

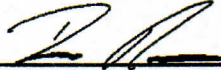

Steve Fiore-Rosenfeld, Councilman
Council District 1



Jane Bonner, Councilwoman
Council District 2

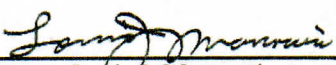

Kathleen A. Walsh, Councilwoman
Council District 3


Constance M. Kepert, Councilwoman
Council District 4


Timothy P. Mazzei, Councilman
Council District 5


Daniel J. Panico, Councilman
Council District 6


Patricia Eddington
Town Clerk


Louis J. Marcoccia
Receiver of Taxes