

Proclamation

Whereas: The health and welfare of all citizens is a primary concern; and

Whereas: Stress is a primary factor in the majority of all healthcare issues; and

Whereas: All citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and

Whereas: T'ai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and

Whereas: Organizations and supporters of T'ai Chi and Qigong have selected the last Saturday in April as the day to celebrate and inform about the benefits of T'ai Chi and Qigong around the world; and

Whereas: On Saturday, April 27, 2013, the Patchogue World T'ai Chi and Qigong Day will be celebrated in our Great Town:

Now, Therefore, I, Edward P. Romaine, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 486,040 residents do hereby take great pride in declaring April 27, 2013, to be

World T'ai Chi and Qigong Day In the Town of Brookhaven



Steve Rosenfeld
Steve Rosenfeld, Councilman
Council District 1

Constance M. Keper
Constance M. Keper, Councilwoman
Council District 4

Edward P. Romaine
Edward P. Romaine, Supervisor

Jane Bonner
Jane Bonner, Councilwoman
Council District 2

Timothy P. Mazzei
Timothy P. Mazzei, Councilman
Council District 5

Kathleen A. Walsh
Kathleen A. Walsh, Councilwoman
Council District 3

Daniel J. Panico
Daniel J. Panico, Councilman
Council District 6

Patricia Eddington
Patricia Eddington
Town Clerk

Louis J. Marcoccia
Louis J. Marcoccia
Receiver of Taxes