

KIRSTEN E. GILLIBRAND  
NEW YORK



UNITED STATES SENATOR

April 27, 2013

Dear Friends,

It is a privilege to send greetings to everyone attending the World T'ai Chi & Qigong Day hosted by the Water Tiger School of T'ai Chi Ch'uan.

The goals of participating in the martial arts vary from maintaining health to learning self-defense. Regardless of the goal, the practice of martial arts comes from a long standing tradition of strengthening one's body and mind. By celebrating World T'ai Chi & Qigong Day, the community has an opportunity to embrace the long standing cultural and heritage of martial arts, T'ai Chi and Qigong.

Please accept my best wishes for a wonderful event and many more years of continued success.

Sincerely,

*Kirsten E. Gillibrand*

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United States Senator