

SIFU LAURINCE MCELROY—CHANGING THE WORLD!
Fully Utilizing WorldTaiChiDay.org Free Resources!

FEATURED IN THIS NEWSLETTER:

In this newsletter we feature three Tai Chi teachers who are literally changing the world. Yes, we want to honor their work, but as with all our efforts at WorldTaiChiDay.org and WorldQigongDay.org, our goal is to inspire teachers worldwide to see themselves as larger forces in society - healing forces - able to affect positive change in larger and larger ways. These three teachers are inspirations to us all.

When we flow with the Tao, all things become possible. It is not an act of ego, but of letting go of ego. Tai Chi and Qigong teach us to let go of what we are, so that we can flow into whatever can nurture the world most. We relax out of the way.

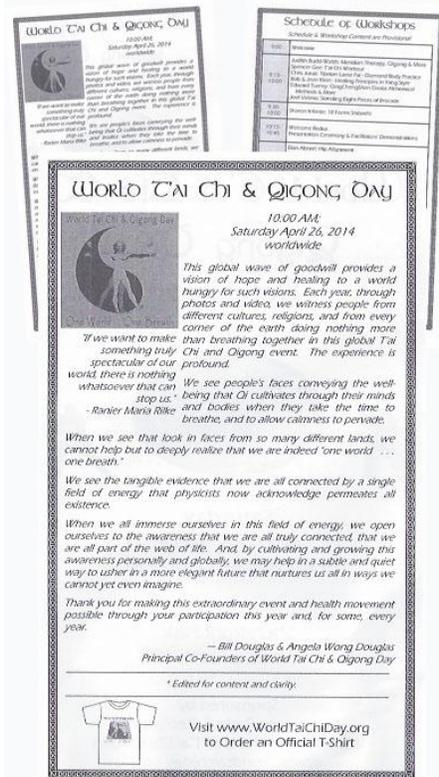
Sifu Laurince McElroy of Long Island, New York; Mohammed Essa of Cairo, Egypt; and Sifu Chris Bouguyon of Dallas, Texas are making a huge difference in their communities and world. They are great human beings, but this newsletter's focus on them is to spark creativity in all of us to imagine how much more we can all do in our world.

Many receiving this ezine have put time into learning Tai Chi and Qigong, refining your movements, deepening your consciousness, and improving your health and outlook.

This newsletter is dedicated to our realization that that is only the beginning of our Tai Chi and Qigong journey. As we turn inward with the internal arts, we realize by immersing ourselves in the field of Qi that permeates all life - that we are intimately connected to the world.



Sifu Laurince McElroy, Long Island,
New York



By adding to world healing, we heal ourselves. The only thing holding Tai Chi and Qigong back from massively being integrated into modern society at all levels is the limit of our imagination.

Read on and be amazed at what just three Tai Chi teachers have added to the wave of world health & healing that Tai Chi and Qigong offer.

Laurince McElroy, perhaps more than any single World Tai Chi & Qigong Day organizer has utilized the resources we provide at WorldTaiChiDay.org and WorldQigongDay.org to have a profound impact on the world.

Sifu McElroy Shares Limelight!
Provides a link to WorldTaiChiDay.org in His Local Event Brochure!

Long Island, New York's WTCQD organizers have a 10-page brochure of their event, and on the 1st inside page, is the "Opening Statement" WorldTaiChiDay.org provides to organizers worldwide.

They also have a small ad encouraging their event brochure readers to support our work at WorldTaiChiDay.org via getting an Official T-Shirt (Organizers like Laurince make the work we do for Tai Chi and Qigong enthusiasts and teachers worldwide possible).

Sifu McElroy is quick to credit the other sifus who collaborate in the creation of LI New York's annual World Tai Chi & Qigong Day:

Sifu Joseph Panico, teaches for Nassau County Department of the Aging, Project Independence, and other programs throughout Nassau County, New York

Sifu Ed Turney, teaches Qigong and Taiji and practices medical qigong.

Sifu Joel Valerio, teaches Taiji in Long Island and Buffalo New York.

Sifu Bob Klein, Long Island School of T'ai Chi Chuan, a renowned Tai Chi author who has been featured in Inside Kung Fu and T'ai Chi Magazine.

Sifu Sharon Infante, teaches Tai Chi and Qigong through libraries, various Suffolk County programs, MS Heritage Park, Stony Brook University Health and Fitness Center and her studio.

Chris Jurak, Mountain Stream Tai Chi and Qigong.

Sifu Spencer Gee, represented the US in 1981 for the first Wushu tour to the People's Republic of China. He teaches Kung Fu at the Two Worlds Fitness Center.

Sifu Bill Donnelly, Head Instructor at Green Cloud Kung Fu. Teaches Kung Fu, Tai Chi, and Taoist Yoga.

Sifu Judith Budd-Walsh, teaches Tai Chi and Qigong for health across Long Island, and she was awarded the Recreation Leader Award by the New York State Association for Health, Physical Education, Recreation and Dance.

Sifu Elan Abneri, is an assistant Tai Chi instructor for Sifu Tyrone "Wei" Wicksman's Zhang Style Tai Chi Chuan.

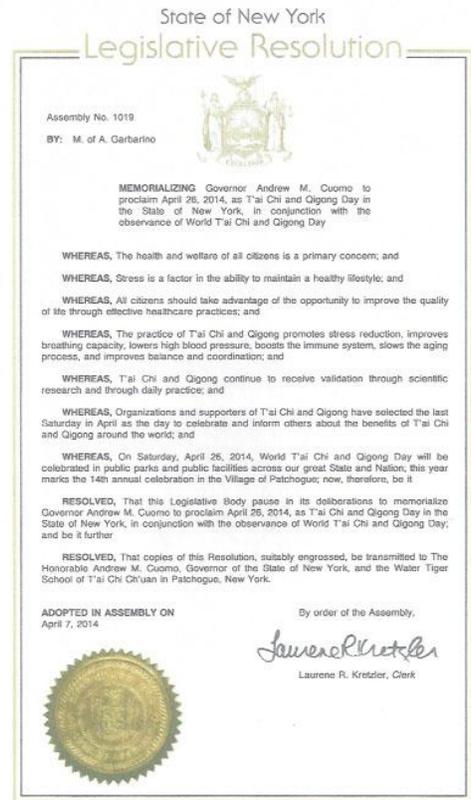
When WTCQD organizers get Official WTCQD T-Shirts, and announce to their event's attendees, it enables us to provide thousands of pages of free resources to Tai Chi and Qigong enthusiasts and teachers worldwide.

THANK YOU, SIFU MCELROY FOR SUPPORTING OUR WORK, AND FOR ORGANIZING A FOUNDATIONAL WTCQD EVENT EACH YEAR.

Proclamations for World Tai Chi & Qigong Day!
State of New York! Senators! County Legislature!

Sifu McElroy has utilized the resources we provide at WorldTaiChiDay.org and WorldQigongDay.org to have a profound impact on the world.

Year after year, Laurince educates local and state officials in one of the most populace states in the world -- teaching them about the profound health benefits of Tai Chi and Qigong, and explaining to them how these arts can benefit the citizens of that great state.



Bill Douglas - World Tai Chi & Qigong Day [billdouglas@worldtaichiday.org]
World Tai Chi & QG Day: Brilliant Tai Chi Tips from Chen Master
Sat 8/9/2014 11:28 AM

Edited by Water Tiger for clarity, space, and appearance.

