



Proclamation

Whereas: The health and welfare of all citizens is a primary concern; and

Whereas: Stress is a primary factor in the majority of all healthcare issues; and

Whereas: All citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and

Whereas: T'ai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and

Whereas: Organizations and supporters of T'ai Chi and Qigong have selected the last Saturday in April as the day to celebrate and inform about the benefits of T'ai Chi and Qigong around the world; and

Whereas: On Saturday, April 26, 2014, the Patchogue World T'ai Chi and Qigong Day will be celebrated in our Great Town.

Now, Therefore, I, Edward P. Romaine, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 500,000 residents do hereby take great pride on this 26th day of April, 2014, in Proclaiming today as

World T'ai Chi and Qigong Day In the Town of Brookhaven



Valerie M. Cartright
Valerie M. Cartright, Councilwoman
District 1

Constance M. Kepert
Constance M. Kepert, Councilwoman
District 4

Daniel P. Losquadro
Daniel P. Losquadro
Highway Superintendent

Edward P. Romaine
Edward P. Romaine, Supervisor

Jane Bonner
Jane Bonner, Councilwoman
District 2

Timothy P. Mazza
Timothy P. Mazza, Councilman
District 5

Donna Lent
Donna Lent
Town Clerk

Kevin LaValle
Kevin LaValle, Councilman
District 3

Daniel Panico
Daniel Panico, Councilman
District 6

Louis Marcoccia
Louis Marcoccia
Receiver of Taxes