

The health and welfare of all citizens is a primary concern; and

Stress is a primary factor in the majority of all healthcare issues; and

Thereas: All citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and

T'ai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and

Organizations and supporters of T'ai Chi and Qigong have selected the last Saturday in April as the day to celebrate and inform about the benefits of T'ai Chi and Qigong around the world; and

Thereas: On Saturday, April 25, 2015, the Patchogue World T'ai Chi and Qigong Day will be celebrated in our Great Town.

Now, Therefore, J, Edward P. Romaine, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 500,000 residents do hereby take great pride on this 25th day of April, 2015, in proclaiming today as

Morld T'ai Chi and Qigong Day In the Town of Brookhaben



Valerie M. Cartright, Coluncilvoman
District 1

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Jane Bonner, Co

Constance Kepert, Councilwom District 4

Daniel P. Losquadro Highway Superintendent Jane Bonner, Coancilwoman
District 2

Neil Foley, Councilman District 5

Donna Lent Town Clerk Kevin LaValle, Councilman
District 3

Daniel Panico, Councilman District 6

Louis Marcoccia Receiver of Taxes