



# Proclamation

**Whereas:** The health and welfare of all citizens is a primary concern; and

**Whereas:** Stress is a primary factor in the majority of all healthcare issues; and

**Whereas:** All citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and

**Whereas:** T'ai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and

**Whereas:** Organizations and supporters of T'ai Chi and Qigong have selected the last Saturday in April as the day to celebrate and inform about the benefits of T'ai Chi and Qigong around the world; and

**Whereas:** On Saturday, April 30, 2016, the Patchogue World T'ai Chi and Qigong Day will be celebrated in our Great Town.

**Now, Therefore, I,** Edward P. Romaine, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 500,000 residents do hereby take great pride on this 30th day of April, 2016, in proclaiming today as

## World T'ai Chi and Qigong Day In the Town of Brookhaven



*Edward P. Romaine*  
Edward P. Romaine, Supervisor

*Valerie M. Cartright*  
Valerie M. Cartright, Councilwoman  
District 1

*Jane Bonner*  
Jane Bonner, Councilwoman  
District 2

*Kevin LaValle*  
Kevin LaValle, Councilman  
District 3

*Michael Loguefero*  
Michael Loguefero, Councilman  
District 4

*Neil Foley*  
Neil Foley, Councilman  
District 5

*Daniel Panico*  
Daniel Panico, Councilman  
District 6

*Daniel P. Losquadro*  
Daniel P. Losquadro  
Highway Superintendent

*Donna Lent*  
Donna Lent  
Town Clerk

*Louis Marcoccia*  
Louis Marcoccia  
Receiver of Taxes