

The health and welfare of all citizens is a primary concern; and

Interests: Stress is a primary factor in the majority of all healthcare issues; and

All citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and

Tai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and

Interess: Organizations and supporters of T'ai Chi and Qigong have selected the last Saturday in April as the day to celebrate and inform about the benefits of T'ai Chi and Qigong around the world; and

THE Patchogue World Tai Chi and Qigong Day will be celebrated in our Great Town.

Now, Therefore, J, Edward P. Romaine, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 500,000 residents do hereby take great pride on this 29th day of April, 2017, in proclaiming today as

Morld T'ai Chi and Qigong Day In the Town of Brookhaven

Daniel P. Losquadro

Jane Bonner Jane Bonner, Councilwoman District 2

Neil Foley, Councilman

LaValle, Councilman

Daniel Panico, Councilman

Louis Marcoccia