



From The Office Of  
SUFFOLK COUNTY EXECUTIVE  
STEVE BELLONE

H. Lee Dennison Building • 100 Veterans Memorial Highway  
P.O. Box 6100 • Hauppauge, NY 11788 • (631) 853-4000

[f/SteveBellone](https://www.facebook.com/SteveBellone)



April 27, 2019

Dear Friends,

It is my pleasure to welcome you to Diamond in the Pines Park for the 19<sup>th</sup> Annual *World T'ai Chi and Qigong Day* event.

This annual event provides Suffolk residents with the opportunity to learn about the benefits of t'ai chi and qigong, and how to apply these practices into their daily lives. The teachings may reduce stress, improve general health, provide exercise and improve personal outlook. Through this event, the teachings are being expanded and practiced within our region.

Our goal is for you to enjoy this experience and to find out as much information as you can pertaining to the arts and the availability of instruction in your community.

On behalf of our residents, I would like to thank you for being a part of this special day and wish you all the best.

Sincerely,

A handwritten signature in black ink that reads "Steve Bellone". The signature is written in a cursive, flowing style.

STEVEN BELLONE  
Suffolk County Executive