

COUNTY OF SUFFOLK



OFFICE OF THE COUNTY EXECUTIVE

Steven Bellone
COUNTY EXECUTIVE

April 30, 2022

Dear Friends,

It is my pleasure to welcome you to Diamond in the Pines Park for the 20th Annual *World T'ai Chi and Qigong Day*.

This exciting event provides an opportunity for those who have an interest in the art of T'ai Chi and Qigong to showcase and develop their skills, teach others, discover health benefits, and participate with practitioners from all over Long Island.

Now more than ever, it is important to invest in our physical health and wellness. Activities such as Ta'i Chi and Qigong provide us an opportunity to explore ways in which we can develop healthy activities and improve our mental and physical state as a result.

On behalf of our residents here in Suffolk County, I hope you enjoy today's experience and the many benefits T'ai Chi and Qigong has to offer.

Sincerely,

A handwritten signature in black ink that reads "Steven Bellone". The signature is fluid and cursive, with the first name "Steven" and last name "Bellone" clearly distinguishable.

STEVE BELLONE
Suffolk County Executive