



# Proclamation

**Whereas:** The health and welfare of all citizens is of utmost important to Brookhaven Town officials; and

**Whereas:** All citizens should take advantage of the opportunity to improve the quality of life through effective healthcare practices; and

**Whereas:** T'ai Chi and Qigong practices promote stress reduction, improve breathing capacity, lower high blood pressure, boosts the immune system, slows the aging process and improves balance and coordination; and

**Whereas:** Organizations and supporters of T'ai Chi and Qigong are celebrating their 21st year in Brookhaven, and are hosting World T'ai Chi & Qigong Day to inform the community about the benefits of T'ai Chi and Qigong around the world; and

**Whereas:** On Saturday, April 29, 2023, the Brookhaven World T'ai Chi and Qigong Day will be celebrated in our Great Town.

**Now, Therefore, I,** Edward P. Romaine, Supervisor of the Town of Brookhaven and the members of the Town Council, on behalf of Brookhaven's 500,000 residents do hereby take great pride on this 29th day of April, 2023, in proclaiming today as

## World T'ai Chi and Qigong Day in the Town of Brookhaven



*Edward P. Romaine*  
Edward P. Romaine, Supervisor

*Jonathan Kornreich*  
Jonathan Kornreich, Councilman  
District 1

*Jane Bonner*  
Jane Bonner, Councilwoman  
District 2

*Michael Loguercio*  
Michael Loguercio, Councilman  
District 4

*Neil Foley*  
Neil Foley, Councilman  
District 5

*Daniel Panico*  
Daniel Panico, Councilman  
District 6

*Kevin LaValle*  
Kevin LaValle  
Town Clerk

*Daniel P. Losquadro*  
Daniel P. Losquadro  
Highway Superintendent

*Louis Marcoccia*  
Louis Marcoccia  
Receiver of Taxes