

WE ARE NOT IN COMPETITION FOR STUDENTS !!

Bill Douglas

Over the years, some teachers / schools have expressed frustration that it is hard to get other schools, groups and teachers to join in *World Tai Chi & Qigong Day* celebrations.

This is because of the myth that Tai Chi & Qigong teaching is a “zero sum game,” whereby when “you” get a student, you are “stealing my student.”

Here’s the real deal. For example, in the Kansas City metro area, where I live, if Tai Chi & Qigong teachers came together each year to create a **massive public media event on *World Tai Chi & Qigong Day*** . . . and we used the publicity to educate our community of the amazing health benefits of Tai Chi & Qigong . . . and we got just 1% of our local population interested in learning more . . .

That 1% in a metro population of 2 million would be 20,000 new students. That would be more than any teacher could handle. In fact, even if our students all became teachers over night, we still wouldn’t be capable of teaching so many new students.

This should be our goal. We are not competing interests. We are a global family of Tai Chi & Qigong enthusiasts, practitioners, and teachers, who are tremendously valuable assets to our community . . . who together are lifting the health and wellness of our entire world . . . together.

This is the goal of *World Tai Chi & Qigong Day*, to bring this reality home to teachers and groups worldwide . . . For the betterment of humanity!!

In this day and age, with the emerging medical research that has emerged regarding Tai Chi / Qigong’s ability to boost immune system, lower high blood pressure, treat ADD and ADHD, etc. . . . **Tai chi / qigong should be part of every school’s education programs.** Every child should be graduating high school a Tai Chi, Qigong, Yoga, and Transcendental Meditation master. Why not?

How much crime, health cost, spousal and child abuse would simply vanish if our societies were filled with mind / body science masters.

With a one hour per day Physical Education class for students, teaching them these powerful mind/body tools . . . they could be masters by graduation. This is achievable!!

Every corporation should teach Tai Chi & Qigong through their Wellness Programs. Every hospital should have many Tai Chi & Qigong programs.

We hold a vision, not of just growing our classes because of ego, or money . . . but a vision of lifting our entire planet’s health and consciousness thru sharing these profound mind / body tools evolved over millennia of Eastern, and now global research.

World Tai Chi & Qigong Day . . . is more than a celebration . . . it is a catalyst to a new way of functioning for our communities and the whole of humanity.

Bill Douglas [billdouglas@worldtaichiday.org] “World Tai Chi & Qigong Day Updates - April 26 is RIGHT AROUND THE CORNER!” Group email. (Thu, 3/27/2008; 2:39 AM).

Edited for clarity and punctuation by Water Tiger School.

