



**Water Tiger School  
of T'ai Chi Ch'uan**

Laoshi Laurince D. McElroy  
104 Bailey Avenue  
Patchogue, New York 11772-3904  
631-475-5730  
WaterTigerTC@optonline.net

**FOR IMMEDIATE RELEASE!**

Re: **WORLD T'AI CHI & QIGONG DAY – PATCHOGUE  
HONORED BY NEW YORK STATE ASSEMBLY**



World T'ai Chi and Qigong Day – Patchogue at St. Francis De Sales Parish Hall: The Honorable Patricia Eddington, NY State Assembly 3rd District, presented Event Coordinator Laurince McElroy, of Water Tiger School of T'ai Chi Ch'uan in Patchogue, with a Resolution from the NYS Assembly commemorating the Fifth Anniversary of World T'ai Chi and Qigong Day in Patchogue on April 30, 2005. The resolution recognizes T'ai Chi and Qigong as Chinese methods of relaxation and rejuvenation, and cites the use of these arts for help with arthritis, chronic pain, allergies, asthma, stress reduction, digestive disorders, blood pressure, flexibility, lower body strength, balance and coordination.

Contact: Laurince McElroy; 631-475-5730, or WaterTigerTC@optonline.net